



**Judy Plotkin**  
**Vice President, Health Solutions**

Judith Plotkin is the Vice President of Health Solutions at People Corporation, a national provider of group benefits, group retirement and human resource services.

Judith holds overall responsibility for leadership and growth of our proprietary health and wellness solutions. Through innovative and outcome driven products, Judith is committed to helping employees lead healthier lives.

Ms. Plotkin has over 25 years of progressive leadership expertise in the employee assistance, disability management and workplace wellness industry. Judy is a frequent speaker and has published many workplace mental health and healthy workplace articles. Judy is passionate about creating psychologically healthy and safe workplaces.

Judy holds a Bachelor of Arts and Social Work degree from Ryerson University and a Master of Social Work from University of Toronto; she has completed the Corporate Directors Program at University of Toronto's Rotman School of Management, and is the immediate Past-President of the Employee Assistance Society of North America. Judy has led the creation of mental health promotion and prevention programs across many leading Canadian organizations.